

Dr. Aneet Kaur

MBBS, MD Dermatology, Reg. no.- DMC/R/19022

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Experienced Dermatologist with a Master's in Dermatology and over six years of clinical and research expertise. Passionate about clinical and pediatric dermatology, dermatosurgery, sexually transmitted diseases, dermatopathology, medical research and the integration of artificial intelligence in healthcare. Life Member of the Indian Association of Dermatology, Venereology, and Leprology (LM-ND/13000).

Academic achievements

- Secured All India Rank (AIR) 84 among 2.8 Lac+ applicants in MBBS entrance exam (NEET UG)
- Secured All India Rank (AIR) under 300 among 1.3 Lac+ doctors in postgraduate entrance exam (NEET PG)
- Overall college topper of MBBS batch 2012 | Gold Medals in biochemistry, pathology and pharmacology
- Awarded the Prof. V.N. Sehgal Gold Medal for excellence in dermatology in 2021
- Published over 10 research articles and book chapters in high-impact dermatology journals, including Photodermatology, Photoimmunology & Photomedicine and Clinical and Experimental Dermatology, contributing to advancements in vitiligo treatment, pediatric psoriasis, and dermatological therapeutics

Experience

Dec 2021 – Nov 2024

Senior Resident | Lok Nayak Hospital (Delhi Government) | New Delhi, India

- Served as a Senior Resident in Dermatology for three years at the prestigious Maulana Azad Medical College and Lok Nayak Hospital, New Delhi
- Dedicated academician, teacher, and researcher with a passion for medical education and knowledge dissemination
- Independently supervised specialty dermatology clinics, including autoimmune disorders, psoriasis, pediatric dermatology, contact dermatitis, vitiligo, and bullous disorders
- Conducted examinations for MBBS and postgraduate students and delivered lectures on various dermatology topics
- Played a key role in developing Standard Operating Procedures (SOPs) for the dermatology department
- Successfully organized workshops and CMEs on topics such as 'Neglected Tropical Diseases' and 'Cutaneous Tuberculosis'

Education

Aug 2012- Feb 2018

MBBS(Bachelor of Medicine and Bachelor of Surgery) | University College of Medical Sciences | New Delhi, India

- Underwent 4.5 years of theoretical and practical training in various subjects of medicine
- Completed one year of rotating internship in various clinical branches in the year 2017-2018
- Actively participated in various extra-curricular activities like quizzes, debates and sports

May 2018- June 2021

MD(Doctor of Medicine) in Dermatology | Maulana Azad Medical College | New Delhi, India

- Received extensive training in patient consultations, in-patient management, dermatological procedures, diagnostic techniques using laboratory methods, and emergency dermatology care
- Completed a thesis under the guidance of Dr. Krishna Deb Barman and Dr. Bijaylaxmi Sahoo on “A Comparison of Narrowband Ultraviolet B Alone and Narrowband Ultraviolet B in Combination with Microneedling in Patients with Stable Vitiligo.” Published in Photodermatology, Photoimmunology & Photomedicine (2022).
- Awarded the Prof. V.N. Sehgal Gold Medal for excellence in dermatology (2021).
- Runner-up in the Torrent Young Scholar Award Quiz (2020, Zonal Round) and a finalist at the national level.
- Secured 3rd position in the IADVL-GSK Dermatology Quiz (State Level).
- Actively participated in dermatology conferences, including hosting events and presenting research posters

Research and publications

- Kaur A, Barman KD, Sahoo B, Choudhary P. A comparative interventional study of narrowband ultraviolet B alone and narrowband ultraviolet B in combination with microneedling in patients with stable vitiligo. Photodermatol Photoimmunol Photomed. 2022;00:1–7.
- Dev T, Kaur A, S Chirantan, Kanumilli P, Pallavi P. General dermatology and dermatology in primary health care. Clin Exp Dermatol. 2024 Nov 8;11ae488. doi: 10.1093/ced/llae488.
- Barman KD, Kaur A, Suhail. ENL Necroticans at a Tertiary Care Centre – A Case Series. Indian J Lepr. 93: 221-226.
- Relhan V, Kaur A, Bagrodia A. Newer topical therapies in vitiligo: A comprehensive review. Indian J Drugs Dermatol. 2023;9:45-52.
- Relhan V, Kumar A, Kaur A. Zoon’s Balanitis - Update of Clinical Spectrum and Management. Indian J Dermatol. 2024 Jan-Feb;69(1):63-73. doi: 10.4103/ijd.ijd_834_22.
- Relhan V, Kaur A, Priyadarshini BV. Pediatric Psoriasis: A Comprehensive Review with a Focus on the Latest Therapeutic Updates. Indian Journal of Paediatric Dermatology 25(4):p 271-279, Oct–Dec 2024. doi: 10.4103/ijpd.ijpd_36_24.
- Antakanavar GM, Sahoo B, Kaur A, Ghiloria I, Jangid A, Shetty B. A sporadic diffuse multiple cutaneous leiomyomatosis mimicking plexiform neurofibromatosis: A surgical challenge. Skin Health Dis. 2024 Aug 1;4(5):e414. doi: 10.1002/ski2.414.
- Sahay RR, Relhan V, Shete AM, Patil DY, Kumar LP, Kaur A et al. Persistence of infectious mpox virus on the surfaces of isolation ward in a hospital setting, India. J Hosp Infect. 2023 Jul;137:86-88. doi: 10.1016/j.jhin.2023.03.026.
- Generalized Rash, Feb 2024. In book: Ultimate Guide to Dermatology- symptoms, diagnosis, and management Part 1. Publisher: Knowledge Bridge.
- A case of acne complicated by topical steroid and antibiotic misuse, Jun 2024. In book: Difficult to treat Acne Part 1. Publisher: Knowledge Bridge.
- Vitiligo, Jun 2024. In book: New Drugs in Dermatology: A Clinical Update. Publisher: Evangel.