

VASHVI THAKER

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📍 Dwarka

Career Objective

Dedicated and compassionate physiotherapist with a strong academic foundation and clinical experience, currently pursuing a Master of Physiotherapy in Neuroscience. Passionate about adult neurology and pediatrics with practical exposure in orthopedic, sports, and cardiopulmonary rehabilitation. Eager to contribute to a forward-thinking physiotherapy hospital or management setting by implementing evidence-based care, patient education, and interdisciplinary collaboration.

Professional Experience

- CIMS Hospital, Ahmedabad
- Various clinics and Gokul, Astha, Synergy hospitals, Rajkot

Clinical Exposure Areas:

- Neurological Rehabilitation
- Pediatric Physiotherapy
- Orthopedic & Sports Injuries
- Cardiopulmonary Rehabilitation
- Functional Training & ADL Retraining

Education

2023 – 2025	Master of Physiotherapy in Neuroscience
Ahemdabad	<i>Apollo Institute of Physiotherapy, Gujarat University</i>
	58% (Final Year)
2019 – 2022	Bachelor of Physiotherapy (BPT)
Rajkot	<i>Harivandana Physiotherapy College, Saurashtra University</i>
	First Class 72% (Final Year)

Research and Publication

Published Title: Correlation Between Neck and Upper Limb Function in Railway Coolies of Ahmedabad

Published in: International Journal of Scientific Research (IJSR) Presented at: Physiofest 2024

Published Article: A Cross-Sectional Study on Prevalence of Heart-Focused Anxiety and Agoraphobia After Cardiovascular Surgery – GUJCET Conphycs 2024

Research done on: Effect of Brain gym exercises in balance and quality of life in individuals with chronic stroke

Conferences and Workshops attended

2019	Physiofest <i>Attendee</i>
2024	Physiofest <i>Paper Presenter</i>
2024	GUJCET Conphyics <i>Poster Presenter</i>
	Workshops • Basic Life Support (BLS) • ABC of Research • Snap shot of EMG NCV studies • Expert Lectures on Recent Trends in Neuro and Cardio Rehabilitation

Key Skills

- Neurological Rehabilitation Techniques (including NDT)
- Pediatric Assessment & Management
- Basics of Musculoskeletal & Sports Injury Rehab
- Cardiopulmonary Physiotherapy
- Patient Handling and ADL Training
- Research & Academic Presentation
- Interpersonal and Multilingual Communication
- Good Knowledge on Computer and Research analysis softwares

Extra Curricular

Diploma in Naturopathy and Yogic science & Masters in Alternate Medicine

Indian Institute of Yoga and Naturopathy Science

Secured 1st Rank in Poster presentation on Psychological Fair

**Poster presentation on Effect of Pilates treatment on individual with chronic low back pain -
Narrative Review**

Pilates exercise improve quality of life in individual with juvenile idiopathy arthritis - Narrative Review

Poster presentation on reveling impact of traditional Diwali celebration - Physiotherapy prospective

Attended awareness program at Kidney Hospital, Rajkot