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Career Objective

Seeking a position at a reputed medical institution, where I can use more than 6 years of general surgery experience and surgical skills to provide the best possible surgical care to the patients while maintaining a clear malpractice record. Willing to enhance my knowledge and experience for carrying a successful medical procedure.

Academia

- MS in General Surgery from ABVIMS and Dr Ram Manohar Lohia Hospital, New Delhi.
- MBBS from Government Medical College Nagpur.
- 12th from The Asian School, Dehradun [ICSE board]
- 10th The Asian School, Dehradun [ICSE board]

Employers

Working as Senior Resident Surgery Department at ABVIMS and Dr Ram Manohar Lohia Hospital New Delhi from 2018 - present.

Career Summary

- A trusted, patient focused and experienced doctor with a long history of serving patients by successfully diagnosing, treating and also managing their illnesses and diseases having rich experience of 3+ years as a surgeon.
- Experience in diagnosing the disease and providing best medical help.
- Currently I am working at **PGIMER & Dr. Ram Manohar Lohia Hospital, New Delhi** as **Senior Resident** in the Dept. of General Surgery since June 2018. I have gone through an intensive surgical training in a wide variety of **Elective open** as well as **laparoscopic** surgical procedures.
- I have wide exposure of performing various **Elective Surgical Procedures independently** including:
 1. Minimally invasive surgeries
 - Diagnostic laparoscopy
 - Laparoscopic Cholecystectomy
 - Laparoscopic Ventral Hernia Repair (LVHR)
 - Laparoscopic Appendectomy
 - IPOM
 2. Open Surgeries

- Appendectomy
 - Cholecystectomy
 - Thyroidectomy
 - Ventral & Inguinal Hernia Repair & Meshplasty
 - Testicular Surgeries including Hydrocoele, orchidectomy [high and low]
 - Right & Left Hemicolectomy, Total Colectomy
 - Low Anterior Resection
 - Stoma Reversal
 - Splenectomy
 - CBD Exploration
 - MRM
 - Penectomy – partial and total
 - Radical Groin Dissection
 - Haemorrhoid Surgeries (Open Haemorrhoidectomy, , Stapled Haemorrhoidopexy (MIPH)
 - Fistula surgeries(Seton, Fistulotomy, Fistulectomy)
 - Lateral Sphincterotomy
 - Varicose veins surgeries (Trendelenburg Procedure, RFA, Perforator ligation)
3. I have also had a wide exposure of performing **Emergency Surgical Procedures independently** including
- **Exploratory Laparotomy** for Perforation peritonitis, Intestinal obstruction, Bowel gangrene, Blunt and Penetrating Trauma abdomen,
 - Emergency Splenectomy,
 - Cholecystectomy,
 - Total colectomy,
 - Appendectomy,
 - Hartman's Procedure,
 - Bowel anastomoses (Hand sewn & Stapled)
 - Stoma formation
 - Amputation,
 - Orchidectomy & Orchiopexy etc
4. Apart from these I have also **assisted** in various surgeries such as
- Hepatic pericystectomy, PAIR
 - Radical Cholecystectomy
 - Superficial Parotidectomy
 - Pyelolithotomy
 - Nephrectomy
 - Distal Gastrectomy
 - Laparoscopic/Open Rectopexy
 - APR
 - LAR
 - Pancreatic Resections & Necrosectomy
 - Whipple's Procedure
 - Laparoscopic/Open Cystogastrostomy
 - TEP, TAPP
 - Parathyroidectomy
 - Radical neck dissections
 - Bariatric surgeries like MGB, Sleeve Gastrectomy
5. I also had the opportunity to work in **Bariatric Surgery Unit** during my PG and SRship period. In our unit primarily Sleeve gastrectomy & Mini gastric bypass was being done on regular basis and I was involved with Pre-operative workup, assisting with Camera during the surgery and post-operative care of the patients

6. Apart from these, I have also been a regular participant at various conferences including SURGICON, AMASICON, ASICON & Delhi State Chapter ASI meets.

Personal Qualities

- Excellent communication skills, both written and verbal.
- Able to lead and motivate staff.
- Ability to prioritize workloads during busy periods.
- Controlling multiple projects at the same time.

Key Responsibilities Handled

- Held the responsibility for accident and emergency (A&E) surgical treatment.
- Dealing sympathetically with sensitive circumstances.
- Keeping up to date with the latest treatments, medicines and surgical developments.
- Provided care to patients on hospital wards, outpatient clinics and also doctors surgeries.
- Lead the surgical operations in operating theatres.
- Worked in a pressurized environment and produced the best results.
- Trained the new junior doctors.
- Provided help to the team during the surgery.

Technical Skills

- Well versed with the basic use of computer.
- Familiar with all the surgical equipment of the operation theatre.

Achievements

1. Member of Association of surgeons of India, AMASI
2. Published numerous articles in well reputed journals at National and International level. List included as below

Original Articles

- A. Comparison of MPI and APACHE II in the Prognosis of Perforating Peritonitis [[Journal of Clinical and Diagnostic Research](#)]
- B. Prospective Randomised Controlled Study Comparing Ultrasonic Dissector with Electrocautery for Axillary Dissection in Patients of Carcinoma Breast [[Malaysian Journal of Medical Sciences](#)]

Review Articles and Perspective

- C. COVID 19 and laparoscopic surgeons, the Indian scenario – Perspective [[International Journal Of Surgery](#)]
- D. Mini-gastric Bypass—One Anastomosis Gastric Bypass in the Armamentarium of Bariatric Surgeon: a Narrative Review of Complications [[Indian Journal Of Surgery](#)]

Focus- Institutions and Surgeons

- E. Dr. Edward E. Mason: Father of Bariatric surgery [[Indian Journal Of Surgery](#)]

- F. Irwing Lichtenstein – Pioneering surgeon and civil rights champion [[Indian Journal Of Surgery](#)]
- G. Seymour I. Schwartz: a Legendary Surgeon and Teacher [[Indian Journal Of Surgery](#)]

Case Reports

- H. Accidental Ingestion of Acid Corrosive Agent Causing Gastric Perforation - A Rare Two Case Series [[Hellinic Journal of Surgery](#)]
- I. Symmetrical Peripheral Gangrene of All Four Limbs of Unknown Etiology: a Rare Case Report [[Indian Journal Of Surgery](#)]
- J. Transmural Migration of Gossypiboma: a Rare Cause of Acute Abdomen[[Indian Journal Of Surgery](#)]
- K. Stomal Myiasis – A rare case of mucocutaneous infestation [[International Journal of Current Research](#)]
- L. Spontaneous Splenic Rupture: A Rare Complication of Acute Pancreatitis [[Journal of Clinical and Diagnostic Research](#)]

Images in Surgery

- M. Breast Cancer Presenting with Cutaneous Metastasis—a Rare Entity [[Indian Journal Of Surgery](#)]
- N. The Mercedes Benz Sign on Magnetic Resonance Cholangiopancreatography [[Indian Journal Of Surgery](#)]

Letter to editor and correspondence

- O. Author level metrics and academic productivity [[International Journal Of Surgery](#)]
- P. Breast Cancer Care During COVID-19 Pandemic [[Indian Journal Of Surgery](#)]
- Q. COVID-19 Pandemic and Cancer Surgery: Tracing Solutions [[Indian Journal Of Colo-Rectal Surgery](#)]
- R. COVID 19 and Surgical Education: Time for Innovations [[Indian Journal Of Surgery](#)]
- S. It Will Be a Different World for Surgeons Post-COVID-19 Lockdown [[Indian Journal Of Surgery](#)]
- T. Letter to the Editor—Quilting [[Indian Journal Of Surgery](#)]
- U. Social Distancing and COVID-19: Correspondence [[Indian Journal of Medical Biochemistry](#)]
- V. COVID-19 and Surface Transmission [[Indian Journal of Medical Biochemistry](#)]
- W. Surgical Triage of Breast Disorders During the COVID-19 Pandemic: An Indian Perspective [[Malaysian Journal of Medical Sciences](#)]
- X. What All We Should Know About Masks in COVID-19 Pandemic [[Indian Journal Of Surgery](#)]

3. ATLS course for Doctors according to the standard established by the ACS Committee on Trauma successfully completed.
4. Competitive paper presentation in SURGICON 2017 on A comparative study between APACHE II and MPI to assess prognosis in perforation peritonitis.
5. Active participation in various workshops conducted by ASI, Delhi State chapter and Dr. RML Hospital
6. Served as a treating doctor to the COVID-19 patients.

