
SHIKHA MEHTA | CLINICAL DIETITIAN

303-Mahalaxmi appt., 6/1 Patel colony , Near Bhagde House, Jamnagar, Gujarat|
9408564651 | shikhamehta4732@gmail.com

PROFESSIONAL SUMMARY

Clinical Dietitian with over four years in providing personalized nutrition plans for managing diseases. Skilled in patient counseling, nutritional assessment, and evidence-based dietary interventions. Strong collaborator within healthcare teams, dedicated to improving patient outcomes through tailored nutrition care.

CORE COMPETENCIES

- ✓ Nutritional Assessment and counseling
- ✓ Medical nutrition therapy
- ✓ Diseases Management
- ✓ Patient education
- ✓ Dietary intervention
- ✓ Meal planning and dietary modification
- ✓ Patient centered care
- ✓ Competency in nutrition

PROFESSIONAL EXPERIENCE

Sardar Vallabhbhai Patel Institute of medical science and research Hospital, Ahmedabad

Clinical Dietitian| June 2022 - Present

Sterling Hospital, Rajkot

Clinical Dietitian| September 2020 - July 2021 (10 Months)

Shree Krishna Hospital, Karamsad

Clinical Dietitian Internship| January 2018 - June 2018 (6 Months)

Community Health centre, Dhrol

Nutrition Assistant| December 2016 - November 2017 (1 Year)

SKILLS

- ✓ Ability to easily acquire and learn new skills
- ✓ Positive attitude
- ✓ Ability to build up and maintain relationships
- ✓ Strong belief in time management

EDUCATION

April 2016 | M. S. University

Post Graduation Diploma in Applied Nutrition - Graduated with First Class

April 2015| Saurashtra University

Bachelor of science in Food and Nutrition - Graduated with First Class

PERSONAL INFORMATION

- ✓ Father's Name : Sanjaykumar V. Mehta
- ✓ Date of Birth : 15 July, 1995
- ✓ Languages Known : Read, Write & Speak : English, Hindi & Gujarati
- ✓ Marital status : Single

DECLARATION

I hereby solemnly affirm that all the details and provided above are true to the best of my knowledge.

Shikha Mehta
