

Dr. AAKANSHA CHANDEL

ORTHODONTIST

Compassionate and hard working professional, skilled in managing mild to moderate cases with utmost precision and fostering positive relationships with patients and families.



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EDUCATION

ICSE/ISC

St. Joseph's Academy, Dehradun

04/2000 - 06/2013,

Bachelor of Dental Surgery (BDS)

Himachal Institute of Dental Sciences

09/2014 - 02/2020,

Paonta Sahib, Himachal Pradesh.

Courses

- Awarded 2nd position in 2016
- Received distinction in Pre-Prosthodontics (2016)
- Received distinction in General medicine (2017)
- Received distinction in Pediatric dentistry (2018)

Masters of Dental Surgery (MDS)

Himachal Institute of Dental Sciences

07/2020 - 06/2023,

Paonta Sahib, Himachal Pradesh.

Courses

- Poster presentation at 25th IOS National PG students Convention, Mangaluru (2022)
- Paper presentation at 26th IOS National PG Students Convention, Lucknow (2023)

WORK EXPERIENCE

Post Graduate Resident

Himachal Institute of Dental Sciences

07/2020 - 06/2023,

Paonta Sahib, Himachal Pradesh.

Achievements/Tasks

- Diagnosed and successfully treated teeth and jaw or other dental-facial abnormalities.
- Reviewed X-rays and examined patients to better understand each individual's orthodontics need.
- Communicated effectively with patients and parents to discuss treatment processes, what to expect and potential length of expected treatment.
- Gained expertise in making accurate diagnosis and treatment plan according to patient's needs.
- Treated 100+ cases with removable as well as fixed appliances.
- Fabricated dental space maintainers, retainers and lingual arch wires.
- Treated patients with temporary skeletal anchorage devices.
- Delivered functional appliances in growing patients to redirect the growth of the jaw.

SKILLS

Able to make accurate diagnosis and treatment plan

Conventional Orthodontic therapy

Fixed and Removable appliance therapy

Removable functional appliance therapy

TAD'S (Temporary Skeletal Anchorage devices)

Composite and GIC restorations

Managed cases with impacted teeth

Tooth extractions for orthodontic cases

Highly organized

Ability to work under pressure

Time management

Great at working with people

LANGUAGES

English

Professional Working Proficiency

Hindi

Full Professional Proficiency

Nepali

Full Professional Proficiency

General Dentist

Smile and Braces Dental Clinic

02/2020 - 04/2020,

Dehradun, Uttarakhand.

Achievements/Tasks

- Completed consultations with patients for treatment plan.
- Educated patients and families about dental issues and proper oral care to prevent dental decay and disease.
- Done composite restorations.
- Took impressions for dental appliances and sent prosthesis to outside dental labs.

Dental Intern

Himachal Institute of Dental Sciences

07/2020 - 06/2023,

Paonta Sahib, Himachal Pradesh.

Achievements/Tasks

- Prepared patients for dental treatment by welcoming, comforting and draping patients.
- Assisted during crown, bridge and realignment procedures.
- Evaluated patient's teeth for gum disease and tooth decay.
- Applied sealants to protect teeth from cavities.
- Performed scaling and root planning on patients with poor oral hygiene.
- Educated patient's by giving oral hygiene, plaque control and post-operative instructions.
- Performed root canal treatment, filled cavities and instructed patients on pain management to repair dental structures with minimal discomfort to the patients.
- Done crown preparations on RCT treated teeth for crown fabrication.
- Performed extractions.
- Participated in dental health programs to educate the community