

Dr. KOSHA S. AGHARA (MPT Ortho and Sports)

(GPC – 9884)

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CAREER OBJECTIVE:

To make optimum utilization of my knowledge and skills, to utilize opportunities effectively for professional growth and to contribute in the best possible way for the betterment of the organization and self.

EDUCATIONAL QUALIFICATIONS:

	Qualification	Board/University	Year of Passing	Percentage
1	Master of Physiotherapy (Ortho and Sports)	Sumandeep Vidyapeeth Deemed to be University	2023	60.71%
2	Fellowship in Onco Rehabilitation	Bhaikaka University	2022	1 st class
3	Bachelor of Physiotherapy	The Maharaja Sayajirao University of Baroda	2020	67.67%
4	H.S.C.	Gujarat Secondary and Higher Secondary Education Board (GSHEB)	2015	82.92%
5	S.S.C.	Gujarat Secondary and Higher Secondary Education Board (GSHEB)	2013	92.00%

EXTRA CURRICULARS:

1. Y.C.C. (Yoga Certificate Course) in 2018 from Yoganiketan, Vadodara.
2. Y.T.T.C. (Yog Teacher Training Course) in 2019 from Yoganiketan, Vadodara
3. Dry Needling and Cupping Therapy workshops in 2021
4. Taking lectures on ergonomics at Western Railway, Vadodara

ACADEMICS:

1. One chapter is published in Current Innovations in Disease and Health Research in July,2023.
2. One article is published in International Journal of Health Sciences in July,2022.
3. Poster presentation (sports) at 60th National Conference of IAP on 11th & 12th February,2023 at Ahmedabad.
4. Poster presentation (ortho) at 7th International Conference of SIP on 23rd to 25th March,2023 at Bhubaneswar, Odisha.

SKILLS:

- Physiotherapy skills in Cancer Rehabilitation
- Dry needling techniques
- Cupping techniques

ABILITIES:

- Expert in electrotherapy
- Broad knowledge of new technologies and medical equipment
- Good communication skills and patients handling
- Good decision maker
- Excellent problem solving and practical skills

EXPERIENCE:

- Worked in COVID ICU as a Physiotherapist as well as Medical Officer in S.S.G.H. (Sir Sayajirao General Hospital), Vadodara from June,2020 to December,2020.
- Independent practice from January,2021 to July,2021 (after completion of B.P.T.)

PERSONAL DETAILS:

Name: Kosha Sureshchandra Aghara

Address: Block No.- 8, Vallabh Vidyanagar Society – 2,

Near Balaji Hall, 150 ft. Ring Road,

Rajkot - 360004

Date of birth: 21st October,1997

Languages known: Gujarati, Hindi, English

Nationality: Indian

REFERENCES:

1. Dr. Sweta Shah
Associate Professor, Government College of Physiotherapy, Vadodara.
Contact No.- 9377193042
2. Dr. Jaykumar Soni
Assistant Professor, Sumandeep Vidyapeeth, Vadodara.
Contact No.- 8866864021

DECLARATION:

I hereby declare that the above information provided by me is true and best of my knowledge.