

# **Curriculum Vitae**

Name : Dr Narendra Pachehra

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Languages: Hindi, English

Qualifications: MBBS – JLNMC, Ajmer( RUHS)2008

MD internal Medicine- AHRR, Delhi (DU) 2020

## **Work Experience:**

2009-2010 : Private practice in Bharatpur, Rajasthan

2010-2017: Medical Officer in IAF.

## **CLINICAL**

- a) To diagnose and treat acute and chronic diseases of entire spectrum of serving and retired defence persons and their families.
- b) Regular health inspection of defence persons(4000 to 5000 per year)
- c) Casualty evacuation by road and air emergency cases
- d) Pre flight medical inspections of all aircrews daily

## **ADMINISTRATIVE**

- a) Procurement of medical store items(3000-4000 lines)
- b) Medical camps like cancer detection camp for women cataract detection camp, osteoporosis detection camp, Anemia detection camp, vasectomy camp & blood donation camp
- c) Health meetings with defence and civilian dignitaries
- d) Recruitment of soldiers and civilian staff
- e) Recruitment of clinical and paraclinical staff in Airforce and Kendriya Vidyalaya

- f) Health rounds to look for general sanitation and station as part of preventive healthcare services

### **ACADEMIC**

- a) Clinical meetings
- b) Health lectures to soldiers and families
- c) Health lectures in school
- d) Medical conferences in Armed forces and civilian hospitals

### **TRAINING**

- a) Medical officers Basic Course at OFFICERS TRAINING COLLEGE, Lucknow
- b) Primary Aviation course at INSTITUTE OF AVIATION MEDICINE, Bangalore
- c) Senior Medical officer Administrative course at MEDICAL TRAINING CENTRE, Bangalore
- d) Human factors capsule course , Delhi

2017-2020- INTERNAL MEDICINE RESIDENT, Army Hospital Research and Referral, Delhi

### **CLINICAL**

- a) Opd- Approximately 80-100 cases per day
- b) IPD- In charge of ward of 50-60 patients with rapid turnover
- c) ICU- Managed 20 bedded ICU & 20 bedded HDU along with anaesthetist resident
- d) Emergency management of all common emergencies including stroke, Acute coronary syndrome, Acute renal failure , Acute liver failure, Acute meningitis etc...
- e) On Call duties- 24 hr call duty to see calls from all wards of hospitals once in 3 days.

## **ADMINISTRATIVE**

- a) Record updating of health records of patients
- b) Diet chart of patients and dietary advice
- c) Invigilator duty in nursing officers exams

## **ACADEMIC**

- a) Clinical meetings – weekly to discuss important cases admitted under various sub specialities of hospitals like SLE, Nephrotic syndrome , Gouty Arthritis , Aplastic Anemia, Multiple Myeloma, Hemophilia, Meningitis, Encephalitis, Hepatic Encephalopathy, IBD, Diabetic Ketoacidosis etc...
- b) Journal Clubs- once fortnightly to present and critical evaluate recent articles and landmark trials published in index journals by whole department of medicine
- c) Seminars and Symposium once weekly to discuss important topics of various subspecialities of medicine like opportunistic infection in AIDS, Emerging therapies in Diabetes, Fecal transplantation, Pharmacotherapy for obesity , Newer insulins etc
- d) Bedside case presentation of inpatient patients

## **TRAINING**

- a) Lectures to Nursing cadets & Nursing assistants twice weekly
- b) Training to interns to guide them in ward, OPD, ICU management and minor procedures like Ascitic Tap, Pleural Tap, Lumbar puncture, ABG sampling etc
- c) BLS & ACLS training of paramedical and non medical staff

2020-Current Served at 11 AFH Hindon & 12 AFH, Gorakhpur (Zonal Hospitals)

## **CLINICAL**

- a) OPD- Managing approximately 80-100 patients per day

- b) IPD-Managed male and female wards of approximately 35-40 beds each to admit patients not requiring ICU care like viral fever, Acute Gastroenteritis , Malaria, Dengue, Typhoid, UTI, LRTI, Liver cirrhosis, CKD, Uncontrolled Hyperglycemia , Chronic pancreatitis etc.
- c) ICU- Managed 6 bedded ICU and 06 bedded HDU to admit all patients requiring intensive management like stroke , Diabetic Ketoacidosis , Acute coronary syndrome , Status Epilepticus , Acute severe asthma , Acute exacerbation of COPD, Acute meningitis , Septic shock , Arrhythmias, Acute Pancreatitis

### **ADMINISTRATIVE**

- a) Health administration including statistics , Patient mess, Medical store, Library

### **ACADEMIC**

- a) Clinical meetings- weekly to discuss important cases of hospital admitted under various specialities
- b) Health lectures to various medical , paramedical & non medical persons of defence to sensitise them about important health issues
- c) Medical conferences in armed forces and civilian hospitals

### **SPECIAL WORK**

- a) COVID Hospital at Hindon Hospital
- b) COVID Hospital at DRDO hospital Patna
- c) Malaria and Dengue control at Jaisalmer and delhi during outbreaks 2018 and 2022

**Strengths**: Hard working, Honesty, Punctuality and Empathetic

**Skills** : Clinician, Team building, staff management , Training and mentoring, Administration, Patient education, Counselling

**Interest** : Plan to do fellowship in clinical cardiology