

Akanksha Verma

Physiotherapist

Details

Dehradun, Uttarakhand

6395620794

2798akanksha@gmail.com

www.linkedin.com/in/akanksha-verma-738ab7192

PROFILE

Hardworking post-graduate seeking employment. Bringing forth a motivated attitude and a variety of powerful skills. Patient-care oriented, compassionate and friendly attitude. highly organized, and skilled in written and verbal communication. A strong leader who works well under pressure, and exudes positivity.

EDUCATION

Bachelor of Physiotherapy
Shri Mahant Indiresht University, Patel Nagar, Dehradun

September 2016 - September 2020

- Project work- Management of meniscus tears

Master of Physiotherapy (Musculoskeletal Disorder),
Swami Rama Himalayan University, Dehradun

September 2022 - September 2024

- Thesis work- Analyzing the Effect of Early Ambulation in patients after Intertrochanteric Fracture Surgery and its Impact on their Functional Outcomes. (Observational Analytical Study)

WORK EXPERIENCE

Physiotherapy internship (6 months) at Shri Mahant Indiresht Hospital, Patel Nagar, Dehradun

June 2021 - December 2021

- Worked with various TKR and THR cases under Dr. Puneet Gupta (Orthopedic Surgeon)
- Posted in Orthopedic, Neuromedicine, Cardiothoracic care unit, ICU, OPD, Onco, General Surgery
- Demonstrated specialized techniques to improve patient strength, balance and coordination
- Provided education to patients and families on how to use assistive devices to improve mobility and independence.

SKILLS

Leadership skills

Effective Time Management

Manual Therapy

Ability to work under Pressure

Communication Skills

CERTIFICATES

Seminar on lumbopelvic
Dysfunction, Delhi (2019) Physio
Help InterConnect-4

Workshop on proprioceptive
neuromuscular facilitation (PNF),
Dehradun (2022) by- Dr. Abhishek
Sharma

Workshop on Myofascial
Decompression therapy and Dry
needling therapy, Dehradun (2023)
by- Dr. Sukhdeep Singh

Certification of Basic Life Support
and Airway Management, Dehradun
(2024) Organized by Skills and
Stimulation Center of Excellence,
Himalayan Institute of Medical
Sciences, SRHU

