

RESUME

NAME - Divyanshi Raghuwanshi

DOB - 04/01/2000

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Professional Summary : Dedicated to physical therapist assistant offering a wealth of experience in patients assessment , progression , care with safety with full knowledge of rehabilitation .

Education & Qualification :

- Class 10 passed by CBSE board in 2016 with 84%.
- Class 12 passed by CBSE board in 2018 with 65%
- Bachelor of Physiotherapy (4+6 months internship) completed in 2022 with 70%.

Competencies and skills :

Musculoskeletal : Peripheral joint ,spinal assessment , resistance exercises ,wax therapy , kinesio- taping soft manipulation , UST , TENS ,IFT etc .

Neurological : muscle stimulator ,Gait training ,Grasping exercise, neurological examination etc.

Skills :

- Nerve mobilization ,
- Cranio basal release
- Myofascial release
- Soft tissue manipulation
- Therapeutic assessment (Neurological & orthopedics special cases)
- Pain management
- Provisional diagnosis

- Applied a holistic treatment plans for patients
- Maintain patients confidentiality and dignity during overall sessions of treatment plans .

Certificate and Awards:

- Applied a holistic treatment plans for patients
- Maintain patients confidentiality and dignity during overall sessions of treatment plans .

Certificate and Awards:

1. 2019-2020 (By IAP Indian Association Of Physiotherapists) I got first award and certificate in the **world Debate Competition on the topic " COVID -19 UNLOCK THE POTENTIAL "** .
2. Certified in the on field workshop by **EPLORIS :**
Therapist kinesiio -Taping (level 1 - level 2) with 16 credit hrs .

Work Experience :

- ☐ One year experience of teaching / lecturer in Subharti university Dehradun.
- ☐ 6 months work experience in DR. KKBH SUBHARTI HOSPITAL ,DEHRADUN with full exposure of
 - In- patient department (IPD)
 - Out-patient department (OPD)

Experienced treatment that i have given:

1. PIVD
- 2.Frozen shoulder
3. Ankle Bimalleolar fracture
4. ACL reconstruction
5. Sciatica
6. Osteoarthritis
7. Rheumatoid arthritis
8. Facial paralysis / Bell's palsy .

THANK YOU