

MIHIR PATEL

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SUMMARY

- Compassionate, dedicated and highly skilled GSCPT registered physiotherapist with a great passion to provide excellent physio-therapeutic rehabilitation to patients and sportsmen. Proficient in clinical assessment, modalities and exercise prescription along with patient education. Efficient communication skills with a focus on patients recovery and safety. Committed to maintain high standards of Physiotherapy while continuously seeking opportunities for professional growth

PROFESSIONAL EXPERIENCE

INTERNSHIP , CIVIL HOSPITAL AHMEDABAD (OCTOBER 2023 - APRIL 2024)

- Conducted diagnosis through assessment to identify patient's physical limitations and functional impairments by utilising various special tests and measurements.
- provided hands on manual therapy techniques such as joint mobilization, soft tissue stretch, myofascial release to address pain and dysfunction.
- Developed personalized treatment plan for patients recovering from orthopaedic injuries, spinal impairments, post surgical rehab focusing on pain management, improving mobility and strength at orthopaedic wards and B1 Physiotherapy department of civil hospital
- Provided treatment for the patient with neuromuscular conditions Such as stroke, child developmental delay, GBS, Parkinsons at Government Physiotherapy College And Spine Institute
- Collaborative work with multidisciplinary healthcare teams to address patient's holistic needs and ensure co-ordinated care throughout the rehabilitation process for patients with cardiac, pulmonary, burns and gynec-obs impairments at various departments likes U.N.Mehta institute and research centre (UNMIRC) , Chest & TB hospital, Trauma centre and Intensive Care Unit and 1200 beds hospital (Women, child & super speciality hospital).

ASSISTANT PHYSIOTHERAPIST , KESHAR PHYSIOTHERAPY & REHABILITATION CENTRE, GANDHINAGAR (MAY 2024 - PRESENT)

- Provided tailored treatment plan along with patient education for proper body mechanics, injury prevention and self management strategies to promote quality of the life.

CONSULTANT PHYSIOTHERAPIST (MAY 2024 - PRESENT)

- treating patients by providing home visits under reference of physicians and surgeons along with senior Physiotherapist

EDUCATION

GOVERNMENT PHYSIOTHERAPY COLLEGE & SPINE INSTITUTE , AHMEDABAD GUJARAT UNIVERSITY

(2019 - 2024)

BACHELOR IN PHYSIOTHERAPY

- Graduated from an accredited institute with a strong focus on anatomy physiology and kinesiology
- Developed skills in musculoskeletal, neurological and cardiopulmonary physiotherapy throughout coursework and clinical experiences.

SKILLS

- Assessment and evaluation
- Treatment planning
- patient education
- therapeutic Intervention such as manual mobilization and manipulation
- nebulization and suction

STRENGTH

INTERPERSONAL SKILLS

- Effective Communication
- leadership
- Time management
- Team collaboration
- Motivation
- Active listening
- Responsibility

CERTIFICATES

SEMINAR:

- Rebound Ahmedabad program curated exclusively for Physiotherapist to enhance sports specific protocols

EXTRA CURRICULAR ACTIVITY

- 1st rank in 'TUG OF WAR ' sport on the world Physiotherapy day
- participation in teacher's day celebration.