

CURRICULUM-VITAE

Jyoti Chhabra

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JOB OBJECTIVES

- ❖ Seeking challenging assignments in the field of Physiotherapy/Teaching with a reputed organization where I can get the opportunities to learn, innovate and enhance my skills & strengths in conjunction with organization goals & objectives.
- ❖ To gain sound knowledge in all aspects in the field of Physiotherapy and to widen my horizon by the three-fold process of learning, developing & evolving at every stage of life and at the same time help the organization also grow.

SUMMARY

- ❖ A self dedicated and dutiful Professional in the field of Physiotherapy/Teaching.
- ❖ Hard working, self confident and a great sense of optimism.
- ❖ Skilled in observing and evaluating patients, identifying their problems and developing the treatment plans needed to remedy them.
- ❖ Sound knowledge of Physiotherapy methods and equipment's and their use.
- ❖ Acquaintance with the biomedical sciences especially including anatomy, physiology and pathology.
- ❖ Excellent communication skills, listening skills, teaching skills, observational skills, problem-solving skills along with planning and organizational ability.

EDUCATIONAL QUALIFICATIONS

PROFESSIONAL QUALIFICATIONS

Degree	University	Institute	Year of Passing	Aggregate %age of Marks
B.P.T	Baba Farid University Of Health Sciences, Faridkot	D.A.V Institute of Physiotherapy & Rehabilitation, Jalandhar	2011	65%
Post-Graduation in Dietetics Food service Management	IGNOU (Distance Learning)	IGNOU	2016	1 st division
Certificate course Health care in child nutrition	IGNOU	IGNOU	2013	1 st Division

PRE-PROFESSIONAL QUALIFICATIONS

Exam Passed	Board	Institute	Year of Passing	Percentage of Marks	Grade
10 th	I.C.S.E	Alexandra school Amritsar	2004	61%	First Class
12 th	P.S.E.B	S.S.S.S KHALSA SEN SEC SCHOOL,AMRITSAR	2006	62%	First Class

PRIMARY ACCOUNTABILITIES

- ❖ Teaching EVS to Junior Classes
- ❖ Improving the Co-ordination, Balance, Muscle Strength and Sensation (Neurological physiotherapy).
- ❖ Rehabilitating patients who have suffered from Stroke, Cerebral Palsy and Accidents.
- ❖ Educating caregivers, family & teachers about the patient's physiotherapy program.
- ❖ Taking detailed Case History, Examination, Assessment & Evaluation for treatment of patients.
- ❖ Timely reviewing the treatment documentation and re-evaluate the treatment plan.
- ❖ Administering and supervising the therapeutic management of persons with disabilities.

- ❖ Assisting Patients with special needs.

EXPERIENCE

- ❖ Worked as EVS teacher in Shiny Star school , Omaxe Rudrapur (From June 2020- Feb 2023)
- ❖ Worked as Physiotherapist at Maharaja Agarsen Hospital Rudrapur, Uttrakhand (From 1st Nov 2017 to 30th Nov 2018)
- ❖ 2 years of experience in Bhatia Neuro Pain Centre, Amritsar (From Dec 2012 to Jan 2014)
- ❖ Worked as consultant physiotherapist at Shanti Devi Charitable Trust Hospital Batala Amritsar (From Aug to Nov 2011)
- ❖ Six months of rotatory internship (October 2010- April 2011) in the following Institutes and Hospitals-
 - ❑ Sacred Heart Hospital, Jalandhar.
 - ❑ Tagore Heart Care and Neuro Centre, Jalandhar.
 - ❑ Satyam Trauma Centre, Jalandhar.
 - ❑ Chawla Heart care center, Jalandhar.
 - ❑ Kamal Hospital, Jalandhar.
 - ❑ Prayas Foundation for Mentally Retarded Children, Red Cross Society, Jalandhar.
 - ❑ Occupational Therapy Department, D.A.V Institute of Physiotherapy and Rehabilitaion, Jalandhar.
 - ❑ Electrotherapy and Exercise Therapy Department, D.A.V Institute of Physiotherapy and Rehabilitaion, Jalandhar.

IT SKILL SET

- ❖ Sound Knowledge of MS Office including MS Word, MS Power Point and MS Excel.

EXTRA-CURRICULAR ACTIVITIES

- ❖ College-based cultural activities.
- ❖ Active participation in Child Disability Camp.
- ❖ Active participation in general physiotherapy Camp.
- ❖ Received Certificate in Physio CME on Role of Botox in Cerebral Palsy
- ❖ Received certificate from India Association of Physiotherapists for workshop on Cyriax Manipulation Techniques (Program Credited 16 Hours)

PERSONAL DETAILS

Date of Birth : 9th September 1988
Permanent Address: Ganges C 301 Omaxe Rudrapur
Nationality : Indian
Languages Known : English, Hindi and Punjabi