

BAGTHRIA DHARA MUKESHBHAI

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SUMMARY:

Interested in nutritionist/dietitian position that will allow me to offer others the benefit from my expertise & knowledge, so as to expand my work experience in the field of nutrition & dietetics.

EDUCATION QUALIFICATION:

Class	Result (%)	Board & College	Passing Year
MSC in Foods And Nutrition	78.88	Children's University Gandhinagar	2021
BA in Home Science	75.57%	K S K V Kachchh University	2019
HSC (commerce stream)	59.3%	Gujarat Secondary & Higher Secondary Education Board	2016

TRAINING IN RELEVANT SKILLS / SEMINAR

1. Field Training: CMTC Sola Civil, Ahmedabad, date - 16-12-2019 to 21-12-2019.
 - Educated patients, families and medical practitioners on nutrition. • Created new dishes to develop healthier meal options for patients.
 - Counseled lactating women on nutritional requirements and suggestions for healthy diets.
2. The field visit examined the physical measurements as well as the physical signs of the Anganwadi and government school children.
3. Thesis topic- Assessment of Nutritional status of Shree Sahyog Sarswati Vidhya Mandir's Primary students, Gandhidham- Kachchh .(2021)
4. Attended a 2 days National seminar on 'EARLY CHILDHOOD CARE AND DEVELOPMENT'.

KEY SKILLS :

Diet supervision, Diet planning, Counselling the patient, Seminar participation, Child health care.

OTHER COURSES:

- Knowledge of Computer • CCC course

SUMMARY OF SKILLS & EXPERIENCE:

- Educate & advise a wide range of patients with dietary related disorders, and to give practical advice so as to improve their health by adopting healthier eating habits.
- Translate the science of food and nutrition into everyday life and having thorough knowledge about food science, physiology, biochemistry and Diet kitchen management.
- Selected foods appropriate for individual patients' dietary needs.
- Developed diets to meet nutritional requirements for people with special conditions.

AWARDS & HONOURS:

- 1) BA gold medalist of Kachchh University in 2019.
- 3) Master's in food and Nutrition from Children University and have secure second rank.

PERSONAL PROFILE:

- ❖ **Name:** Bagthria Dhara Mukeshbhai
- ❖ **Date of Birth:** 17th April, 1998
- ❖ **Gender:** Female
- ❖ **Marital Status:** Unmarried
- ❖ **Nationality:** Indian
- ❖ **Language known:** English, Hindi, Gujarati
- ❖ **Hobbies:** Drawing, Sketching, Cooking variety of nutritious Food, Art and crafts.

I hereby declare that the information given by me is true and I am solely responsible for accuracy.

DATE:

Bagthria Dhara M.