

Shivani Aswal

+917505870206 | aswalshivani1991@gmail.com

Objective

To obtain a position as clinical dietitian where I can apply my knowledge of nutrition science and hospital – based diet planning, contribute to patient health improvement practical skills in therapeutic and preventive nutrition.

Experience

- **Kalaish hospital, Dehradun** July - October 2025
Clinical Dietetic Intern
 - Assessed patient's nutritional status.
 - Created individualized diet plans.
 - Educated patients on diets.
 - Reviewed hospital meal plans.
 - Prepared nutrition education materials
- **Kailash hospital, Dehradun** January - March 2025
Clinical Dietetic Intern
 - Patient interaction and dealing.
 - Dietetics Consultation.
 - Creating diet plans and regulating patient diets.
- **AIIMS, Rishikesh** July - September 2022
Clinical Nutrition Intern
 - Assisted in patient-specific meal planning, dietary assessments, and nutrition education in collaboration with dietitians.

Education

- **Uttaranchal university, Dehradun, Uttarakhand** 2023-2025
M.Sc. Food Nutrition and Dietetics
- **Tehri Institute, Dehradun, Uttarakhand** 2019- 2021
B.sc Nutrition and Dietetics

Skills

- Patient's care
- Patient's counselling
- Diet planning
- Nutritional assessment
- Team work and collaboration
- Time managing

Certifications

- Participant in National workshop on Development of Significant Intellectual Property and Innovation, Organized by School of Applied Life Sciences, Uttaranchal University (April, 2025)
- Participant in International conference on Nano Material and Green Technology for Sustainability, organized by Uttaranchal University (Oct, 2024)
- Participant in International conference on Functionality of Food Components and Emerging Technologies in Life Sciences for Sustainability, Organized by Uttaranchal University (Oct, 2023)
- Participant in workshop on Sports Nutrition and supplements of Pre- Intra - Post workout organized by tehri Institute, Dehradun (4th Aug 2019)