

RESUME

Dr. KOSHA S. AGHARA (MPT Ortho and Sports)

(GPC – 9884)

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CAREER OBJECTIVE:

To make optimum utilization of my knowledge and skills, to utilize opportunities effectively for professional growth and to contribute in the best possible way for the betterment of the organization and self.

EDUCATIONAL QUALIFICATIONS:

	Qualification	Board/University	Year of Passing	Percentage
1	Master of Physiotherapy (Ortho and Sports)	Sumandeep Vidyapeeth Deemed to be University	2023	(Result awaited)
2	Fellowship in Onco Rehabilitation	Bhaikaka University	2022	1 st class
3	Bachelor of Physiotherapy	The Maharaja Sayajirao University of Baroda	2020	67.67%
4	H.S.C.	Gujarat Secondary and Higher Secondary Education Board (GSHEB)	2015	82.92%
5	S.S.C.	Gujarat Secondary and Higher Secondary Education Board (GSHEB)	2013	92.00%

EXTRA CURRICULARS:

1. Y.C.C. (Yoga Certificate Course) in 2018 from Yoganiketan, Vadodara.
2. Y.T.T.C. (Yog Teacher Training Course) in 2019 from Yoganiketan, Vadodara
3. Dry Needling workshop in 2021
4. Cupping therapy workshop in 2021
5. Taking lectures on ergonomics at Western Railway, Vadodara

ACADEMICS:

1. One chapter is published in Current Innovations in Disease and Health Research in July,2023.
2. One article is published in International Journal of Health Sciences in July,2022.
3. Poster presentation (sports) at 60th National Conference of IAP on 11th & 12th February,2023 at Ahmedabad.
4. Poster presentation (ortho) at 7th International Conference of SIP on 23-25th March,2023 at Odisha.

SKILLS:

- Physiotherapy skills in Cancer Rehabilitation
- Dry needling techniques
- Cupping techniques
- Myofascial release techniques
- Manual therapy
- Tapping techniques
- Shoulder rehabilitation
- Yoga therapy

ABILITIES:

- Expert in electrotherapy
- Broad knowledge of new technologies and medical equipment
- Good communication skills and patients handling

- Good decision maker
- Excellent problem solving and practical skills

EXPERIENCE:

- Worked in COVID ICU as a Physiotherapist as well as Medical Officer in S.S.G.H. (Sir Sayajirao General Hospital), Vadodara from June,2020 to December,2020.
- Independent practice from January,2021 to July,2021 (after completion of B.P.T.)

PERSONAL DETAILS:

Name: Kosha Sureshchandra Aghara

Address: Block No. – 8,

Vallabh Vidyanagar Society – 2,

Near Balaji Hall,

150 ft. Ring Road,

Rajkot – 360004.

Date of birth: 21st October,1997

Marital status: Unmarried

Languages known: Gujarati, Hindi, English

Nationality: Indian

DECLARATION:

I hereby declare that the above information provided by me is true and best of my knowledge.